



**SECRETARIAT OF THE CONFERENCE ON INTERACTION  
AND CONFIDENCE BUILDING MEASURES IN ASIA**

**СЕКРЕТАРИАТ СОВЕЩАНИЯ ПО ВЗАИМОДЕЙСТВИЮ  
И МЕРАМ ДОВЕРИЯ В АЗИИ**

**№NCT/CID/1359**

The Secretariat of the Conference on Interaction and Confidence Building Measures in Asia (CICA) presents its compliments to the CICA Member States and, with the reference to its Note Verbal №NCT/CID/516 dated 28 April 2023, has the honor to inform that the third online training course on the Treatment of addiction to drug and drug harm reduction will be organized by the Islamic Republic of Iran under the topic “Psychological Interventions in Drug Use Disorders Treatment” on 11 December 2023.

*Enclosure:  
as stated, on 4 p.*

Corresponding concept paper, preliminary program of the event, technical guidelines, as well as registration form for the participants of the seminar are attached herewith.

The Secretariat would appreciate receiving the completed registration forms by 1 December 2023.

The Secretariat avails itself of this opportunity to renew to the CICA Member States the assurances of its highest consideration.

Astana, 10 November 2023



**MEMBER STATES  
OF THE CONFERENCE ON INTERACTION AND  
CONFIDENCE BUILDING MEASURES IN ASIA**



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**№NCT/CID/1359**

Секретариат Совещания по взаимодействию и мерам доверия в Азии (СВМДА) свидетельствует свое уважение государствам-членам СВМДА и, ссылаясь на свою ноту №NCT/CID/516 от 28 апреля 2023 года, имеет честь сообщить, что третий онлайн учебный семинар по Лечению зависимости от наркотиков и сокращению негативных последствий употребления наркотиков на тему «Психологические интервенции при лечении расстройств, связанных с употреблением наркотиков» будет организован Исламской Республикой Иран 11 декабря 2023 года.

*Приложение:  
упомянутое,  
на 4 л.*

Соответствующая концепция, предварительная программа мероприятия, руководство по подключению к онлайн-платформе, а также регистрационная форма участников семинара прилагаются.

Секретариат был бы признателен за получение заполненных регистрационных форм до 1 декабря 2023 года.

Секретариат пользуется случаем, чтобы возобновить государствам-членам СВМДА уверения в своем весьма высоком уважении.

город Астана, 10 ноября 2023 г.



**ГОСУДАРСТВАМ-ЧЛЕНАМ  
СОВЕЩАНИЯ ПО ВЗАИМОДЕЙСТВИЮ И  
МЕРАМ ДОВЕРИЯ В АЗИИ**

Азиядағы өзара іс-қимыл және сенім шаралары кеңесінің (Азия Кеңесінің) Хатшылығы Азия Кеңесіне мүше мемлекеттерге өзінің зор ілтипатын білдіреді және 2023 жылғы 28 сәуірдегі №NCT/CID/516 вербалды нотасына сілтеме жасай отырып, Иран Ислам Республикасы 2023 жылғы 11 желтоқсанда «Есірткіні қолдануға байланысты бұзылулар болған жағдайда психологиялық интервенциялар» тақырыбындағы есірткіге тәуелділікті емдеу және есірткіні қолданудың жағымсыз салдарын азайту жөніндегі үшінші онлайн оқу семинарын ұйымдастыратынын хабарлауды өзіне мәртебе санайды.

Қосымша:  
аталған,  
4 п.

Іс-шараның тиісті тұжырымдамасы, алдын ала бағдарламасы, онлайн-платформаға қосылу үшін нұсқаулық, сондай-ақ семинарға қатысу үшін тіркеу нысаны қоса беріледі.

Хатшылық толтырылған тіркеу нысандарын 2023 жылғы 1 желтоқсанға дейін жіберуді сұрайды.

Хатшылық осы мүмкіндікті пайдалана отырып, Азия Кеңесіне мүше мемлекеттерге өзінің зор ілтипатын тағы да растайды.

Астана қаласы, 2023 жылғы 10 қараша

**АЗИЯДАҒЫ ӨЗАРА ІС-ҚИМЫЛ ЖӘНЕ  
СЕНІМ ШАРАЛАРЫ КЕҢЕСІНЕ  
МҮШЕ МЕМЛЕКЕТТЕР**

## **CICA Confidence Building Measures (CBMs)**

### **The Islamic Republic of Iran**

#### **Concept Paper on the Third Online Training Course on the Treatment of Addiction to Drug and Drug Harm Reduction**

##### **«Psychological Interventions in Drug Use Disorders Treatment»**

#### **Background and significance:**

The spread of various types of narcotic drugs has forced world countries to adopt a specialized approach in dealing with the treatment of addicts. On this basis, measures have been taken to prepare and formulate treatment and educational protocols.

Basically, experiences and information with regard to successful lessons have been shared that can be of great importance. Holding technical training courses is one of the effective methods for attaining this goal.

Based on its commitments toward s CICA as a multilateral and regional body, the Islamic Republic of Iran has put on its agenda the holding of technical meetings covering various aspects of drug control.

The upcoming event is the third educational and scientific on-line event with emphasis on treatment of addiction to opiates.

#### **Objective:**

Promoting knowledge and experience sharing among specialists involved in the treatment of addiction to opiates. This is the main objective pursued by the on-line educational event.

#### **Proposals and expectations:**

Active participation by specialists involved in the treatment of addiction to narcotic drugs such as physicians, psychiatrists and psychologists from member states that will enhance their knowledge about the latest scientific and practical findings in technical areas.

**Draft Agenda of the Third Online Training Course**  
**"Psychological Interventions in Drug Use Disorders" Within CICA**  
**Framework**  
**The Drug Control Headquarters of the Islamic Republic of Iran**  
**Monday, December 11, 2023 (Tehran time)**

Time	Topic	Lecturer
11:00- 11:30	Opening Remarks	DCHQ Officials, Islamic Republic of Iran
11:30- 12:30	Motivational Interviewing in Substance Use Disorders	Dr. Alireza Norouzi, Psychiatrist
12:30- 13:30	Group Therapy in Substance Use Disorders	Dr. Mohsen Roushanpajouh, Psychiatrist Addiction Studies
13:30- 14:00	Break Time	
14:00- 15:15	Basic of Cognitive Behavioral Therapy, Conditioning and Relapse Prevention	Dr. Sahar Eshrati, Psychologist, Holder of Ph.D. in Addiction Studies
15:15- 16:15	Indicators of Effective Treatment in Substance Use Disorders	Dr. Houman Narenjiha, GP and Researcher of Substance Use Disorders
16:15- 16:30	Conclusion and Closing Ceremony	

## **The Technical Guidelines**

### **Third Online Training Course on**

### **"Psychological Interventions in Drug Use Disorders"**

#### **Draft agenda and training course description:**

- 1- Date: Monday, December 11, 2023**
- 2- Participant Qualifications:** Qualified persons with a good command on English language including psychiatrists, physicians, psychologists and social workers with minimum five years of experience in the field of treatment of drug use disorders
- 3- Number of participants:** maximum 3 persons from every member state
- 4- Trainer qualifications:** psychiatrist, psychologist, Ph.D. in addiction studies and physician
- 5- Language of the course:** English
- 6- Curriculum:** Psychological interventions in drug use disorders
  
- 7- Required software for participants (to be downloaded and used):**

<https://www.skyroom.online/ch/moshavereh99/cica>

The participants must **fill the table below and sent it by fax (00982144423803)** to international relation office of DCHQ till **December 1, 2023** also email to the organizer of the training course (Tehran University):

[Counseling@ut.ac.ir](mailto:Counseling@ut.ac.ir)



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**REGISTRATION FORM**

**Third Online Training Course on the Treatment of Addiction to Drug and  
Drug Harm Reduction**

**«Psychological Interventions in Drug Use Disorders Treatment»**

Monday, 11 December 2023, 11:00-16:30 (Tehran time, UTC+3.30)

Member State:	
Prefix (Mr./Mrs./Ms.):	
First Name:	
Last Name:	
Title/Position (incl. organization):	
Education degree:	
Field of study:	
Relevant work experience:	
Proficiency in English:	
Phone number:	
E-mail:	

Kindly **type in** your information and return this registration form  
**by 1 December 2023**

to the following e-mail addresses:

[a.koshcheev@s-cica.org](mailto:a.koshcheev@s-cica.org) & [counseling@ut.ac.ir](mailto:counseling@ut.ac.ir)